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December 8, 2008
Presentation to Task force on Fatherless ness

Fatherlessness: The Pain

## Notion of attachment Objects

- 1. Animal studies: Ducks, monkey, Penguins
- 2. Human studies
- 3. Attachment as a neurological and psychological process Father's Role in Early Development is Very Different than a Mother's
  - 1. Studies of 6-week old infants show that infants can differentiate between mother and father as indicated by a heart rate decrease when mothers walk in room, and heart rate increase when fathers walk in room. Fathers play, mothers soothe, feed, comfort.
  - 2. Experience with dad tends to be more physical, less predictable, helping children learn to manage their impulse control and their emotions.

## Father Role in Later Development

- 1. Father as teacher
- 2. Father as role model
- 3. For girls, father as a major contributor to self-esteem
- 4. Father contributes to teaches self-regulation and self-control
- 5. Final goal is that experiences with the father become memories that help determine/promote judgment and contribute to decision making: Should we steal that? Should we hit him? Should we have sex now?

#### **Fatherlessness**

- 1. In males, sense of abandonment and the lack of early child experience seems to contribute to poor impulse control, aggression, a bravado of "I don't care".
- 2. In females, it can lead to self-loathing, self-injury, eating disorders, lack of self-respect.

The Statistics which reflect the cost

- 1. Children in fatherless homes are 5 times more likely to be poor.
- 2. 75% of American children living in single-parent homes will experience poverty while only 20% in 2-parent homes do the same.

## Drug and ETOH use

Children in single-parent homes are at significant increased risk for drug abuse. They are 4.3 times more likely to smoke cigarettes.

# Physical and Emotional health

- 1. 2-3 times more likely to have mental health problems
- 2. 3 out of 4 suicides occur in households where a parent has been absent.

### Educational achievement

- 1. Fatherless children have lower grade point averages, lower college admissions, lower attendance.
- 2. Twice as likely to drop out of school.

### Crime

1. More likely to be in trouble with the law.

### Sexual Activity and Sexual Crimes

1. Very much mediated by the presence of father in the home.

Residential Treatment Center: Recent Experience

Father Involvement: The gain (Dr. Pruett)